

Questionnaire to doctors working at Kyoto University Hospital

1. Your current status

Circle the appropriate number.

Age

- (1) Below 30
- (2) Between 30 and 39
- (3) Between 40 and 49
- (4) Between 50 and 59
- (5) 60 or above

Years after graduation

- (1) Below 5
- (2) Between 5 and 14
- (3) Between 15 and 24
- (4) Between 25 and 34
- (5) 35 or more

Gender

- (1) Male
- (2) Female

Department

- (1) Internal medicine (Hematology and Oncology, Endocrinology and

Metabolism, Cardiovascular Medicine, Gastroenterology and Hepatology, Respiratory Medicine, Rheumatology and Clinical Immunology, Geriatric Medicine, Diabetes and Clinical Nutrition, Primary Care and Emergency Medicine, Neurology, Nephrology, other ())

(2) Surgery (**Gastrointestinal Surgery**, Breast Surgery, Hepatobiliary Pancreatic Surgery and Transplantation, Pediatric Surgery)

(3) Ophthalmology

(4) Obstetrics and Gynecology

(5) Pediatrics

(6) Dermatology

(7) Urology

(8) Otolaryngology

(9) Orthopedic Surgery

(10) Psychiatry

(11) Oral and Maxillofacial Surgery

(12) Diagnostic Radiology / Therapeutic Radiology

(13) Anesthesia

(14) Neurosurgery

(15) Plastic Surgery

(16) Cardiovascular Surgery

(17) Thoracic Surgery

(18) Outpatient Oncology Unit

(19) Clinical Laboratory

(20) Department of Diagnostic Pathology

(21) Other ()

Position

- (1) Professor / Associate professor / Lecturer
- (2) Teaching assistant
- (3) Medical staff
- (4) Resident
- (5) Other ()

Family structure

Circle the appropriate number.

Spouse

- (1) yes/married
- (2) no/single

If you have a spouse, what is his/her occupation?

- (1) Housewife (Househusband)
- (2) Doctor
- (3) Paramedic
- (4) Other ()

Number of preschool children

- (1) 0
- (2) 1
- (3) 3

Do you have to look after a person(s) requiring long-term care?

(1) No

(2) Yes

Work

Enter numbers concerning your recent working conditions.

Actual working hours in the past week

() hour(s) () minute(s)

Overtime hours in the past week

() hour(s) () minute(s)

Night duty at Kyoto University Hospital

() times a month on average

On-call duty at Kyoto University Hospital

() times a month on average

Night duty at other institution(s)

() times a month on average

Income

Total annual income (payment from Kyoto University Hospital as well

as from other institutions, tax included)

Circle the appropriate number.

- (1) Below 3 million yen
- (2) 3 million yen or above, below 6 million yen
- (3) 6 million yen or above, below 9 million yen
- (4) 9 million yen or above, below 12 million yen
- (5) 12 million yen or above

2. Medical practice, workplace, and personal life

Q1. This question is about your occupation and personal life. Circle the appropriate number that best describes your private time.

	Not at all	Not really	Undecided	Yes, somewhat	Yes
1) I have sufficient time for myself.	1	2	3	4	5
2) I have sufficient time to do household chores (such as cleaning and laundry).	1	2	3	4	5
3) I have sufficient time to sleep.	1	2	3	4	5
4) I have sufficient time for hobbies and sports to help me relax.	1	2	3	4	5
5) I have sufficient time to improve my skills.	1	2	3	4	5
6) I can take a leave of absence as required.	1	2	3	4	5

Q2. Circle the appropriate number that best describes the time you spend with your family.

	Not at all	Not really	Undecided	Yes, somewhat	Yes
1) I can balance the time spent for my work and family.	1	2	3	4	5
2) I wish to spend more time with my family.	1	2	3	4	5
3) I can easily have meals with my family.	1	2	3	4	5
4) I can easily spend time with my family for fun and education.	1	2	3	4	5
5) I can easily participate in family events.	1	2	3	4	5
6) I can easily stay home with sick family members.	1	2	3	4	5

Q3. Circle an applicable number that best describes your work environment.

	Not at all	Not really	Undecided	Yes, somewhat	Yes
1) The hospital is fully equipped with necessary medical devices.	1	2	3	4	5
2) I can mainly decide my patients' medical treatment policies.	1	2	3	4	5
3) I can control my work schedule.	1	2	3	4	5
4) I have experienced much cooperation and teamwork with fellow doctors.	1	2	3	4	5
5) My fellow doctors respect my opinion and principles concerning medical treatment.	1	2	3	4	5
6) Paramedics are cooperative.	1	2	3	4	5
7) Paramedics have satisfactory skills.	1	2	3	4	5
8) Large amount of paperwork (such as written consent and medical certificates).	1	2	3	4	5
9) Writing the doctor's order sheet by hand is tedious.	1	2	3	4	5
10) The electronic medical record is easy to use.	1	2	3	4	5

11) Ordering system for clinical tests is efficient.	1	2	3	4	5
12) The doctors' room for resting and taking meals is comfortable.	1	2	3	4	5
13) The facilities for eating and shopping in the hospital are sufficient.	1	2	3	4	5

Q4. Remuneration

	Not at all	Not really	Undecided	Yes, somewhat	Yes
1) I have not been paid sufficiently compared to doctors working at other medical institutions.	1	2	3	4	5
2) I have not been paid sufficiently in the light of my workload.	1	2	3	4	5
3) I have not been paid sufficiently in the light of my training and experience.	1	2	3	4	5
4) I would choose not to do shifts at other institutions if I were paid sufficiently at this hospital.	1	2	3	4	5

Q5. How do you feel about your current duties and career as a doctor?

	Not at all	Not really	Undecided	Yes, somewhat	Yes
1) I have opportunities to manage a variety of interesting clinical cases.	1	2	3	4	5
2) I feel that I have made valuable achievements through work.	1	2	3	4	5
3) My duties in medical practice are just as I expected.	1	2	3	4	5
4) My current work (position) suits me.	1	2	3	4	5
5) I feel enthusiastic about my work.	1	2	3	4	5
6) If I were to choose my occupation again, I would not become a doctor.	1	2	3	4	5
7) My specialty is not appealing any more.	1	2	3	4	5
8) I have many opportunities to write and present academic papers.	1	2	3	4	5
9) I have improved as a doctor.	1	2	3	4	5

Q6. How do you feel about your work?

	Not at all	Not really	Undecided	Yes, somewhat	Yes
1) Paperwork hinders medical practice.	1	2	3	4	5
2) Too many patients are assigned to me.	1	2	3	4	5
3) I can afford to help my colleagues if they have a heavy workload.	1	2	3	4	5
4) I feel stuck in my current position.	1	2	3	4	5
5) I wish to work at another hospital.	1	2	3	4	5
6) I cannot feel satisfied with my work.	1	2	3	4	5
7) I sometimes feel physically and mentally exhausted.	1	2	3	4	5
8) I sometimes wish to quit being a doctor.	1	2	3	4	5
9) There are too many chores.	1	2	3	4	5

Q7. Your medical practice

	Not at all	Not really	Undecided	Yes, somewhat	Yes
1) I can easily obtain information required for medical practice.	1	2	3	4	5
2) I have performed evidence-based medical practice.	1	2	3	4	5
3) I have made mistakes three or more times in the past week.	1	2	3	4	5
4) I have fallen asleep during work in the past week.	1	2	3	4	5
5) My concentration has declined.	1	2	3	4	5
6) My current duties are useful for improving my skills and career.	1	2	3	4	5
7) There are sufficient cases for becoming a medical specialist and certified physician.	1	2	3	4	5
8) There are many opportunities for training in medical skills.	1	2	3	4	5
9) I am motivated by my patients' gratitude.	1	2	3	4	5
10) I am overwhelmed by my patients' demands.	1	2	3	4	5

11) It is difficult to communicate well with my patients.	1	2	3	4	5
12) I have managed to secure sufficient time to obtain informed consent.	1	2	3	4	5

If any, please feel free to write your opinions and impressions about this questionnaire survey.

Thank you for answering the questionnaire.